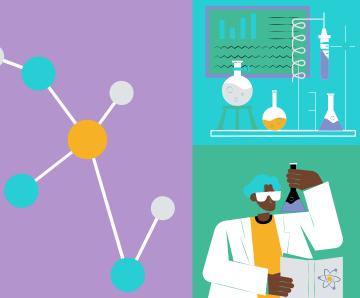


## PROFESSIONAL

# BULLETIN







Prof. ChM Dr. Juan Joon Ching BIM President 2023/25

Advisor



## **EDITOR'S DESK**

Hello Readers

The E-Bulletin team is currently in the process of implementing updates to our BIM's E-Bulletin for the 2023/2025 term. These changes include the recruitment of additional volunteers to support the BIM secretariat, which was previously responsible for curating and producing the E-Bulletin. Alongside these updates, we are experimenting with new formats and content to improve the reader experience and foster greater engagement among BIM members. One notable change to the content is the introduction of Feature Article(s), authored by members of BIM member associations. We encourage contributions of short articles that would provide valuable knowledge-sharing for all readers of the BIM E-Bulletin. Your input is highly appreciated in enriching our publication.

BIM E-Bulletin Editor
Datin TPr Noraida Saludin
Chairman, BIM Publication & Multimedia Committee
President, Malaysian Institute of Planners (MIP)

#### **OUR E-BULLETIN COMMITTEE**



Farhanah Ghafar Graphic Designer



Norfaezah Ahmad Supian Content Curator

## CONTENTS

| BIM'S EVENTS  |    |
|---|----|
| COURTESY VISIT TO DATUK SERI AHMAD MASLAN, DEPUTY FINANCE MINISTER 1  | 4  |
| MALAYSIAN PROFESSIONAL CENTRE AND KIWANIS DOWN SYNDROME FOUNDATION (KDSF) FOR A HEARTWARMING INITIATIVE   | 5  |
| PRESIDENTIAL ADVISORY COUNCIL (PAC) MEETING & PRESIDENTS AND HONORARY SECRETARIES OF MEMBER-INSTITUTIONS MEETING  | 8  |
| SOILS FORUM 2023 IN CONJUNCTION WITH THE WORLD SOIL DAY CELEBRATION   | 10 |
| MITI DIALOGUE 2024  | 11 |
|   |    |
|   |    |
| MEMBERS ACTIVITY  |    |
| RISM CHARITY BOWLING  | 12 |
| CERTIFICATE IN MEDICAL LAW & PRACTICE   | 13 |
| RAILWAY RENAISSANCE: TRANSFORMATIVE INNOVATIONS SHAPING THE FUTURE TRANSPORTATION NETWORK   | 14 |
| HYBRID SEMINAR: EINSTEIN'S CONTRIBUTION TO MODERNISING CONSTRUCTION CONTRACTS IN MALAYSIA   | 16 |
| INTERNATIONAL SYMPOSIUM OF LOGISTICS AND SUPPLY CHAIN (ISLSC) 2024  | 17 |
| MOU : SIGNING CEREMONY BETWEEN MALAYSIAN INSTITUTE OF PLANNERS (MIP) & HONG<br>KONG INSTITUTE OF PLANNERS (HKIP)  | 18 |
|   |    |
| Total Control of the | -1 |
| FEATURE ARTICLES  |    |
| URBAN REGENERATION- A VITAL APPROACH TO REVIVE CITY CENTRES AND INEER CITIES  | 19 |
| KHIDMAT KOMUNITI MADANI: PERANAN BELIA & NGO  | 21 |
| HEALTH: EARLY INTERVENTION OFFERS HOPE FOR BREAST CANCER  | 24 |
|   |    |
| SPOTLIGHTS  |    |
| EXPERT: RTS TO GREATLY BENEFIT JOHOR'S RETAIL, PUBLIC TRANSPORT SECTORS   | 26 |
| FAHAMI BATAS MENJADI NETIZEN  | 27 |
| PHARMACIST INSPIRED TO REACH MORE FOLK  | 28 |
| MMA SUPPORTS TIGHTER HEALTH SCREENING FOR FOREIGN WORKERS   | 30 |

## COURTESY VISIT TO DATUK SERI AHMAD MASLAN, DEPUTY FINANCE MINISTER 1



**1 DECEMBER 2023** 

#### **BIM'S EVENT**



1 December 2023 - Balai Ikhtisas Malaysia represented by the BIM Vice President, Prof Log. Ts Dr Othman Ibrahim and Mr Andrew Tan, Honorary Secretary, Ir Dr Bhuvendhraa Rudrusamy, Exco members, Sr Lim Kok Sang and Mr Wong Khin Yip paid a courtesy visit to the Deputy Finance Minister 1, Datuk Seri Ahmad Maslan.

The purpose of the courtesy visit is to submit the upcoming BIM activities and budget to apply for a grant to the Ministry of Finance. Many thanks to the Ministry of Finance for accepting this courtesy visit.









## MALAYSIAN PROFESSIONAL CENTRE AND KIWANIS DOWN SYNDROME FOUNDATION (KDSF) FOR A HEARTWARMING INITIATIVE



**2 DECEMBER 2023** 

#### **BIM'S EVENT**

Klang, 2 December 2023 — Today marked a significant moment as the Malaysian Professional Centre (Balai Ikhtihas Malaysia, BIM) joined hands with the Kiwanis Down Syndrome Foundation (KDSF) in a heartwarming initiative aimed at fostering inclusivity and support for children with Down syndrome. The collaborative event, held at the KDSF Klang Centre, stood as a testament to the power of unity and empathy in creating a positive impact on the lives of these exceptional children.

With a core focus on raising public awareness, creating fellowship, and fundraising for refurbishment, the objectives of this meaningful initiative were firmly set. The event sought to shed light on the incredible potential of children with Down syndrome, advocating for their right to quality education and equal opportunities. Professionals from diverse backgrounds engaged with the KDSF community, fostering mutual learning and understanding about Down syndrome while aiming to raise funds for the refurbishment of the KDSF center. This effort aimed at ensuring a conducive and uplifting learning environment for these exceptional children.



#### MALAYSIAN PROFESSIONAL CENTRE AND KIWANIS DOWN SYNDROME FOUNDATION (KDSF) FOR A **HEARTWARMING INITIATIVE**



**2 DECEMBER 2023** 

#### **BIM'S EVENT**

28

UTUSAN MALAYSIA JUMAAT • 15 DISEMBER 2023

Komuniti Kita



Hantarkan gambar aktiviti bersama keterangan ke utusannews@mediamulia.com.my



#### Balai Ikhtisas Malaysia - Yayasan Sindrom Down Kiwanis bantu kanak-kanak OKU

BALAI Ikhtisas Malaysia (BIM) berganding bahu dengan Yayasi Sindrom Down Kiwanis (KDSF) dalam inisiatif untuk memupuk keterangkuman dan sokongan kepada kanak-kanak sindrom

. Melalui keriasama itu.

profesional daripada pelbagai latar belakang akan terlibat dengan komuniti KDSF di Klang bagi memupuk pembelajaran dan pemahaman bersama tentang sindrom Down sambil menyasarkan untuk mengumpul dana membaik pulih pusat KDSF.

Usaha ini demi memastikan persekitaran pembelajaran yang kondusif dan menaikkan semangat untuk kanak-kanak

vang luar biasa ini. Naib Presiden dan Ketua Keahlian, Kebajikan, CSR BIM,

Andrew Tan Eng Joo berkata, kerjasama itu penting untuk meningkatkan kesedaran tentang potensi dan hak kanak-kanak mendapat akses kepada pendidikan berkualiti dan persekitaran yang menyokong mereka berkembang maju.

■ SEBAHAGIAN wakil darinada BIM dan KDSF ketika bekerjasa menjalankan program di Pusat Komuniti KDSF di Klang baru-baru ini.

Published: Utusan Malaysia, 15 December 2023

Reflecting on this initiative, Andrew Tan Eng Joo, Vice President and Head of Membership/Welfare/CSR at BIM, shared, "We are honored to collaborate with KDSF in this heartwarming initiative. It's crucial to raise awareness about the potential and rights of children with Down syndrome. Our collective goal is to ensure they have access to quality education and a supportive environment where they can thrive."





# MALAYSIAN PROFESSIONAL CENTRE AND KIWANIS DOWN SYNDROME FOUNDATION (KDSF) FOR A HEARTWARMING INITIATIVE



**2 DECEMBER 2023** 

#### **BIM'S EVENT**

The Malaysian Professional Centre (BIM) extends an open invitation to the media, supporters, and the public to participate actively and contribute to the cause of creating a more inclusive society for children with Down syndrome.

This collaborative effort underscores a commitment to social impact and inclusivity, demonstrating how professionals from diverse fields can unite to support and uplift the KDSF community, paving the way for a more inclusive and compassionate society.

This meaningful event was reported and published at the following media.

- 1. Utusan Malaysia
- 2. https://www.newshubasia.com/living/malaysian-professional-centre-collaborates-with-kiwanis-down-syndrome-foundation-for-a-heartwarming-initiative/









# PRESIDENTIAL ADVISORY COUNCIL (PAC) MEETING & PRESIDENTS AND HONORARY SECRETARIES OF MEMBER-INSTITUTIONS MEETING



**6 DECEMBER 2023** 

#### **BIM'S EVENT**

The high tea meeting with the Presidents and Honorary Secretaries of the Member Institutions together with the Presidential Advisory Council (PAC )Meeting, has successfully organized by Balai Ikhtisas Malaysia on 6 December 2023, at Eastin Hotel, Kuala Lumpur which had given the opportunity to get to fellowship and know BIM.







# PRESIDENTIAL ADVISORY COUNCIL (PAC) MEETING & PRESIDENTS AND HONORARY SECRETARIES OF MEMBER-INSTITUTIONS MEETING



**6 DECEMBER 2023** 

**BIM'S EVENT** 













## SOILS FORUM 2023 IN CONJUNCTION WITH THE WORLD SOIL DAY CELEBRATION



#### **BIM'S EVENT**

Topic: "Sustainable Soil and Water Management Towards Achieving SDGs"

Organized by Department of Land Management, Faculty of Agriculture UPM and Malaysian Society of Soil Science on 5th December 2023.







#### **MITI DIALOGUE 2024 29 JANUARY 2024**



#### **BIM'S EVENT**



| Time     | Agenda   |
|----------|--|
| 8.00 a.m | : Arrival of Guests and Registration                         |
| 8.45 a.m | : Arrival of YB Minister of MITI                             |
|          | Opening Remarks by YB Minister of MITI                       |
|          | Dialogue Session   |
|          | - Taxation and Incentive                                     |
|          | - Human Capital  |
|          | - Cost of Doing Business                                     |
|          | <ul> <li>Ease of Doing Business</li> </ul>                   |
|          | - Investment   |
| 1.00 p.m | : Lunch Break  |
| 2.30 p.m | : Dialogue Session (resume)                                  |
|          | - Market Access  |
|          | - Enforcement  |
|          | <ul> <li>Environmental, Social and Governance</li> </ul>     |
|          | <ul> <li>Access to Financing</li> </ul>                      |
|          | - Digitalisation   |
|          | - Others   |
| 5.00 p.m | : Closing Remarks by YB Minister of MITI<br>Press Conference |

### **RISM CHARITY BOWLING**

20 JANUARY 2024 | 9.00 AM



**MEMBERS ACTIVITY** 



#### **CERTIFICATE IN MEDICAL LAW & PRACTICE** 20 JANUARY 2024 | 10.00 AM



#### MEMBERS ACTIVITY



# Certificate in

This course aims to provide you with an overview of the main medico-legal concepts and issues in the practice of modern healthcare in Malaysia. It addresses the fundamental questions affecting health care and allied professionals today.

- What is legally valid consent?
- What standards of care does the law expect of your profession?
- What are the recent developments in the assessment and damages in medical negligence cases?
- What are the statutory mechanisms of ensuring accountability in healthcare?

#### **KEY HIGHLIGHTS**



Interactive Sessions



Case Studies



Current legal landscape from practicing lawyers involved in medico legal cases

#### WHO SHOULD ATTEND

- Doctors
- Nurses
- Hospital Administrators
- Other healthcare providers
- Lawyers interested in Medico Legal
- Law students interested in Medico Legal

#### SCHEDULE SAT 10sm - Spm | SUN 10sm - 1pm

JAN Module 1 - Introduction To Medical Law
20 \* An engaging and excessible account of the medical law
SAT \* Understand the detection. An engaging and accessible account of the main principles of medical law

- Understand the distinction between criminal law and civil law in
- health care content
   Analysis of legal standards for medica negligence, duty of care, causalion and demages

Module 2 - Understanding Doctor - Patient Communication

- Obtaining patient consent in Malaysta
   The legal framework surrounding informed consent, capacity to consent and decidor-making processes in medical treatment.
- Confidentiality in clinical practice Legal expects in Malayets

#### dule 3 - Institutional Accountability in Healthcare

- What is accountability in healthcare?
   Statutory mechanisms of ensuring accountability in healthcare.
- Patient grievance mechanism and procedure
- Mortality assessment committees Is there a need for a statutory duty of candour to promote accountability?

## Module 4 - Recent Developments in The Assessment Of Damages in Medical Negligence Claims > Changes to the methodology used in deriving the multiplier for calculating future damages in catastrophic injury cases.

- Assessing the cost of future accommodation needs for cleiments with catestrophic injuries.
- Recent trends in awards of aggressied damages grounds for awarding and surrar awarded

- JAN Module 5 Dispute Resolution For Medical Negligence Claims

  SUN Deploring medical depairs exclution scenario Deploring medical on as on alternative depairs resolution solution Recommendations for improving Maleysia medical negligence dispute resolution framework

#### 5 - Recent Developments in Healthcare &

- Medical Law In Malaysia

  Deenless of the current landscape of medical law in Malaysia.
- Recent medico legal landmark decisions an update



#### **TRAINERS** Charlaine Adrienne Chin Partner, Messre Raja, Daryl & Loh



Ramakrishna Tharini Messra Rama & Low



To register, kindly contact | kalaivani.k@bac.edu.my | ALA Helpline: +603-7947 2249

# RAILWAY RENAISSANCE: TRANSFORMATIVE INNOVATIONS SHAPING THE FUTURE TRANSPORTATION NETWORK



**22 JANUARY 2024** 

#### **MEMBERS ACTIVITY**







#### Railway Renaissance: Transformative Innovations Shaping the Future Transportation Network





22 JANUARY 2024



2:30 PM - 4:00 PM



EVENT HALL, KAMPUS CHERAS



YU CHEE KIN

President

Saito Next Gen Club





# RAILWAY RENAISSANCE: TRANSFORMATIVE INNOVATIONS SHAPING THE FUTURE TRANSPORTATION NETWORK 22 JANUARY 2024



**MEMBERS ACTIVITY** 

22 January 2024 – Great sharing from Keynote Speaker Dato Ts (Dr) Abd Radzak Malek, Honorary Fellow, Past President CILT International & Patron of WiLAT Malaysia CILTM. Plenary Speakers Assoc Prof LAr Dr Atiah Ismail, Deputy President of Malaysian Professional Centre (Balai Ikhtisas Malaysia), Dr. Jenny Wong, CMILT, Dean of The Prime School of Integrated Logistics and Vice Chairperson Central of WiLAT Malaysia & Chairperson of WiLAT KL Malaysia Section CILTM, and Next Gen Speaker Yu Chee Kin, President of Saito UC Next Gen Club.

The Industry Talk Series aims to create a platform for universities to engage with industry experts, share insights, and foster collaboration between academia and the professional world. We believe that bringing together diverse perspectives will enrich the learning experience for our students and contribute to the overall growth of our academic community.







# HYBRID SEMINAR: EINSTEIN'S CONTRIBUTION TO MODERNISING CONSTRUCTION CONTRACTS IN MALAYSIA



24 JANUARY 2024 | 9.00 AM

#### **MEMBERS ACTIVITY**

#### Hybrid Seminar

#### EINSTEIN'S CONTRIBUTION TO MODERNISING CONSTRUCTION CONTRACTS IN MALAYSIA

Tagline: Now everyone can fly understand construction contracts

DATE: 24 JANUARY 2024, WEDNESDAY
TIME: 9.00 AM - 1.00 PM (Malaysia Time)
VENUE: MENARA STAR, 15 JALAN 16/11

46350 PETALING JAYA, SELANGOR

\* Nearest MRT Phileo Damansara (KG12)

Co-Organiser:

Supported by:





ONLINE:



Limited to 100 physical attendess. Inclusive breakfast and tea break. First Come First Serve.

Fee: Physical or Online (inclusive 6% SST) RISM Member – RM50.00

Non-RISM Member – RM70.00 Non-Malaysian - USD30

RISM Student Member - FOC (Online Only)

Payment details:

ROYAL INSTITUTION OF SURVEYORS MALAYSIA RHB BANK - A/C No.: 2140 3500 1329 88

Swift Code: RHBBMYKL

#### Speaker



Associate Professor Sr Dr. Naseem Ameer Ali

Associate Professor & Internationalisation Lead, Massey University, New Zealand Past President, Royal Institution of Surveyors Malaysia

#### SCAN QR CODE TO REGISTER



https://shorturl.at/oxFL8



#### SEMINAR OUTLINE

#### Background

Construction contracts are considered by some to be complex. But they need not be. Not surprisingly, some main contracts especially for smaller projects and subcontracts are contracted orally or on the back of incomplete contracts.

In Malaysia, unlike nearly all other equivalent Acts in the world, the Construction Industry Payment and Adjudication Act 2012 (CIPAA) only applies to written contracts – not oral contracts. That means many contracts do not get the protection of CIPAA.

All these give a negative impression on the construction industry generally and on construction contracts specifically.

\* see next page - What you will gain by the end of the seminar

Contact us: RISM QS Secretariat at +6016-9142477 or email to qsdiv@rism.org.my

#### INTERNATIONAL SYMPOSIUM OF LOGISTICS AND **SUPPLY CHAIN (ISLSC) 2024**



**6 FEBRUARY 2024** 

#### MEMBERS ACTIVITY

International Symposium of Logistics and Supply Chain (ISLSC) will be held on the 6th February 2024 at Rajamangala University of Technology Thanyaburi (RMUTT), Thailand.

The theme is Sustainable Logistics and Supply Chain: Challenges and Futures. The symposium is co-organised by Rajamangala University of Technology Thanyaburi (RMUTT), Thailand, Thai Global Business Administration Technological College (TGBC) Thailand, Ikhtisas Kepimpinan Kamarazaman (IKK) Malaysia, Women in Logistics and Transport (WiLAT), The Chartered Institute of Logistics and Transport (CILT) Malaysia, Saito University College Malaysia and Institut ASIA, Indonesia. Supported by the 9th Prime Minister's Office of Malaysia, Malaysian Professional Centre (BIM) and The Society of Logisticians Malaysia (LogM).



# MOU: SIGNING CEREMONY BETWEEN MALAYSIAN INSTITUTE OF PLANNERS (MIP) & HONG KONG INSTITUTE OF PLANNERS (HKIP)



**MEMBERS ACTIVITY** 



15 January 2024 - Memorandum of Understanding between the Malaysian Institute of Planners (MIP) and the Hong Kong Institute of Planners (HKIP), bridging distances to build a stronger foundation for collaboration.



### URBAN REGENERATION- A VITAL APPROACH TO REVIVE CITY CENTRES AND INNER CITIES THE STAR, 15 DECEMBER 2023



#### Contributed by Datin Noraida Saludin

The evolution of urban areas and the distribution of intervention in the mainland during the 1850s. After rapid expansion, with approximately 75% of Malaysia's current GDP being generated in urban areas. Numerous townships emerged beyond urban centres and inner neighbourhoods sprouting on the outskirts and in between town centres, creating ribbon developments along highways and major roads.

The escalating costs of housing and increased rental rates played a significant role in prompting individuals to relocate from cities, resulting in a transformation of city centres and inner cities into primarily commercial hubs catering to offices and retail establishments. Numerous old buildings in city centres exceeded their economic viability, often remaining vacant, particularly offices. With the population moving to newly developed the appeal of city centres and inner cities waned. People hesitant to move, resulting in a downward spiral leading to urban decay. The same situation applies to various areas in Kuala Lumpur, and to some degree, it is observed in cities such as George Town, Johor Bahru, Kuantan and several other smaller cities.



#### **Breathing new life**

Injecting new life into city centres is crucial, as cities need to adapt to remain relevant and sustainable. Across the globe, local authorities are actively working to revive neglected areas within their cities through processes like urban regeneration, redevelopment, renewal, or revitalization — whichever term is preferred. As emphasized by UN-Habitat, urban regeneration is a comprehensive process and a vital city planning tool that should align with emerging trends such as rapid climate change, urban health considerations, accelerated digital transformation, evolving cultural norms and products and growing spatial inequality.

These contemporary challenges should also be viewed as opportunities to propel forward, secure funding and construct improved urban environments through initiatives focused on urban regeneration.



#### FEATURE ARTICLES - URBAN REGENERATION- A VITAL APPROACH-TO REVIVE CITY CENTRES AND INNER CITIES

#### The different regeneration options

There are three main types of urban regeneration: economic, social and environmental.

Economic urban regeneration involves developing spaces that attract people to work collaboratively, exchange ideas and engage in social and cultural activities. The objective is to foster local start-up growth, boost employment opportunities, attract investments and offer businesses fresh and comfortable locations.

Social urban regeneration aims to establish a community where all individuals can actively contribute to collective life and find ways to coexist with likeminded people.

Conversely, environmental regeneration focuses on rejuvenating land by creating urban green spaces, redeveloping abandoned sites and implementing environmentally-oriented projects, including those that encourage walking and cycling.

The Malaysian government has adopted a proactive stance in addressing issues related to delayed, ailing and abandoned private housing projects by establishing a dedicated task force within the Local Government Development Ministry (KPKT). According to reports, by August, the task force had effectively revitalized 256 projects of this nature, comprising 28,000 housing units with a total development value of RM23.37bil. Additionally, a special guarantee fund of RM1bil has been allocated to incentivize reputable developers to revive specific abandoned projects. This initiative has garnered significant praise, indicating a commendable focus on urban planning for Malaysian cities.

It is hoped that the Malaysian government and local authorities will place increased emphasis and priority on the revitalization of city centres, especially in cities such as Kuala Lumpur.

The recently gazetted Kuala Lumpur Structure Plan has identified 139 sites as potential locations for urban redevelopment or regeneration, underscoring the need for focused attention and action in this regard.

While urban regeneration has the potential to transform socially, economically and ecologically dilapidated urban areas into dynamic, diverse and vibrant neighbourhoods that value and cultivate their natural and built heritage, it can also lead to gentrification, the deepening of sociospatial inequalities and the destruction of valuable cultural heritage in the name of modernization.

To avoid these negative consequences, urban regeneration requires innovative approaches and financing, as well as complex, inclusive and sustainable policies that counteract the realities of displacement and speculation, historically associated with urban renewal strategies. Nevertheless, urban redevelopment, regeneration, renewal, or revitalization will serve as a crucial urban planning instrument backed by innovative public and private funding mechanisms. These mechanisms need to be adapted to address the emerging challenges faced by cities in striving to achieve the Sustainable Development Goals over the next six years leading up to 2030.

#### **Datin Noraida Saludin**

President of Malaysian Institute of Planners



## KHIDMAT KOMUNITI MADANI: PERANAN BELIA &



**KOLUMNIS IKRAM, 2 JANUARY 2024** 

#### FEATURE ARTICLES



Program Setahun Bersama Kerajaan MADANI yang berlangsung dengan jayanya dari 8 hingga 10 Disember bertujuan mempromosikan dasar-dasar dan inisiatif baharu yang diperkenalkan oleh kerajaan.

Inisiatif baharu untuk membina hubungan baik antara kerajaan dan rakyat sangat penting kerana rakyat perlu lebih jelas terhadap hala tuju serta matlamat Kerajaan

Sesi dialog yang memberikan peluang kepada pengunjung untuk mengajukan soalan dan pendapat mereka terus kepada Perdana Menteri dan timbalantimbalannya perlu diteruskan secara konsisten.

Sebanyak 1,878 Komuniti MADANI bakal ditubuhkan secara berfasa di seluruh negara yang berfungsi sebagai badan sukarela pelbagai kaum untuk memupuk nilainilai murni dan kenegaraan dalam kalangan rakyat melalui tiga teras utama iaitu membantu pemasaran maklumat kerajaan, mendigitalkan komuniti serta memupuk semangat perpaduan, patriotik dan kenegaraan.

Program Khidmat Komuniti Madani melibatkan tugastugas kemasyarakatan yang dilakukan secara berkelompok dengan tujuan dan matlamat tertentu. Kerja-kerja ini bertujuan meringankan beban, memberikan manfaat dan meningkatkan kesejahteraan dalam komuniti yang berkaitan.

Kita sedia maklum khidmat komuniti memegang peranan penting dalam memupuk perasaan kesepaduan antara komuniti dan warganya serta mengembangkan rasa tanggungjawab dan kepedulian terhadap persekitaran sekitar.

Pelaksanaan secara berkumpulan dan berkala aktiviti ini diupayakan untuk memberikan hasil serta impak positif kepada komuniti yang menerima bantuan. Melalui khidmat komuniti, belia dapat menjalani gaya hidup yang sihat dan secara ringan tulang membantu individu lain yang memerlukan sokongan.

Selain itu, ia juga dapat membentuk personaliti mereka dan memahami konsep kerjasama serta saling membantu antara satu sama lain..



#### FEATURE ARTICLES - KHIDMAT KOMUNITI MADANI: PERANAN BELIA & NGO

#### Keseimbangan sosial

Khidmat Komuniti Madani mengharapkan belia yang mendapat keistimewaan pendidikan tinggi membantu mereka semula kerana imej belia bercitra tinggi. Belia perlu lebih awal didedahkan dengan permasalahan komuniti untuk membentuk mereka menjadi pemimpin pelapis yang prihatin terhadap rakyat.

Belia usah berasa selesa di universiti dengan mengabaikan tanggungjawab mereka kepada komuniti hanya kerana penglibatan dengan komuniti tidak banyak menyumbang kepada pemarkahan pengajian mereka.

Dari sudut komuniti, kita berharap agar belia dapat menjaga keseimbangan sosial, mengilhamkan perubahan positif, membentuk kepemimpinan masa depan, memiliki kekuatan moral dan memulihara kebudayaan bangsa.

Kemahiran, pengetahuan dan nilai-nilai sivik dalam diri setiap individu, sambil memberikan sumbangan dalam bentuk tenaga, pengetahuan juga kemahiran, perlu ada dalam diri rakyat.

Khidmat komuniti bukan sahaja bertujuan membentuk warganegara yang patriotik, prihatin dan bertanggungjawab terhadap komuniti serta negara, tetapi perlu menjiwai makna Madani itu sendiri.

Hal ini dapat diwujudkan melalui pengamalan gaya hidup sihat dan penglibatan dalam amalan-amalan yang memberikan manfaat kepada orang lain tanpa mengira agama, bangsa, kepercayaan dan ideologi.



#### Pelan NGO Rakan Perpaduan

Pelan NGO Rakan Perpaduan (Friends of Unity) 2022 – 2030 ialah satu langkah proaktif Kementerian Perpaduan Negara untuk memperkuat dan mengukuhkan peranan badan-badan bukan kerajaan (NGO) sebagai organisasi sukarelawan yang mendukung penuh Dasar Perpaduan Negara 2021–2030.

Friends of Unity memegang peranan pusat dalam menyorot, mempromosikan dan merangkum kepelbagaian budaya yang dimiliki oleh masyarakat Malaysia.

Kerjasama strategik ini dianggap sebagai kunci penting untuk memastikan bahawa gabungan kepakaran daripada semua pihak dapat dimanfaatkan sepenuhnya melalui penyampaian perkhidmatan yang efektif kepada kumpulan sasaran demi memastikan pencapaian agenda perpaduan nasional.

Badan bukan kerajaan (NGO) merangkumi persatuan, organisasi dan gerakan sukarelawan yang beroperasi tanpa kaitan politik atau keuntungan, dengan fokus memberikan khidmat kepada masyarakat, sama ada dalam bentuk bantuan perkhidmatan atau sokongan terhadap pembentukan dasar awam.

NGO memainkan peranan yang serius dalam mendukung agenda pembangunan negara yang dirangka oleh kerajaan. NGO di semua peringkat dapat memainkan peranan masing-masing dengan lebih aktif untuk menyemarakkan semangat perpaduan dan cintakan negara pada peringkat individu, keluarga dan komuniti.

Promosi dengan meningkatkan kapasiti NGO perlu berterusan dalam membina kesejahteraan komuniti secara menyeluruh melalui program kesihatan dan kesejahteraan psikologi adalah salah satu matlamat yang ditetapkan.

Justeru, meningkatkan penglibatan NGO dalam menyokong usaha kerajaan untuk meningkatkan kesejahteraan ekonomi dan sosial melalui pembangunan modal insan perlu menjadi agenda penting.

Kita mengharapkan peranan NGO dapat diperkasakan sebagai pendorong integrasi sosial dalam mempromosikan kesejahteraan menyeluruh untuk mencapai kesepaduan dalam masyarakat.



#### FEATURE ARTICLES - KHIDMAT KOMUNITI MADANI: PERANAN BELIA & NGO

#### Meningkatkan Kesedaran

Pada 2 Disember 2023, Balai Ikhtisas Malaysia (BIM) dan Yayasan Kiwanis Sindrom Down (KDSF) telah menganjurkan Program Kasih dengan penerapan nilai teras Kesejahteraan dan Ihsan untuk meningkatkan kesedaran mengenai potensi luar biasa kanak-kanak yang mengalami sindrom Down agar dapat menerima pendidikan yang lebih sempurna.

Kerjasama antara NGO ini bertujuan untuk meningkatkan kesedaran tentang potensi kepemimpinan dan hak kanak-kanak yang menghadapi sindrom Down.

Matlamat BIM ialah memastikan akses kepada pendidikan berkualiti dan persekitaran yang menyokong perkembangan maju bagi kanak-kanak istimewa. Usaha ini melibatkan badan profesional daripada pelbagai bidang yang turun padang untuk berkongsi ilmu sebagai pemimpin dalam organisasi.

Khidmat Komuniti Madani perlu menggiatkan lagi keterlibatannya dengan memberi fokus kepada pembangunan sahsiah termasuk pendekatan baharu terhadap ekonomi manusiawi yana ihsan dan mampan.

Dengan komitmen dan kesungguhan semua pihak, aspirasi kerajaan untuk membina masyarakat Malaysia yang sejahtera, selamat dan bersatu padu dapat direalisasikan secara kolektif

Usaha melestarikan komuniti yang berinformasi bagi menyampaikan maklumat yang sahih, telus dan bermanfaat perlukan promosi yang lebih hebat dan mantap selari dengan perkembangan media digital.



Prof Madya Ts Dr Jessica Ong Hai Liaw Pensyarah Universiti Pertahanan Nasional Malaysia Pengerusi Women in Logistics and Transport (WiLAT) Malaysia

## **HEALTH: EARLY INTERVENTION OFFERS HOPE FOR** BREAST CANCER 29 JANUARY 2024



#### NST, 11 January 2024

BREAST cancer can strike anyone. Even men can get breast cancer, accounting for one per cent of cases. For women, while some factors that non-modifiable, others, such as delaying childbirth or not having children at all are within their control.

Sunway Medical Centre consultant oncologist Dr Christina Lai Nye Bing says starting a family earlier.

Unfortunately, modern lifestyles with demanding careers often mean that having children is becoming less of a priority.

Dr Lai adds that locally, half of women diagnosed with the disease are under 50, underscoring the point that even young women should start paying attention to this condition.

Unfortunately, many patients often wait until a lump in their breast becomes painful and large before seeking medical consultation.

Early detection is key to improving breast cancer treatment outcomes. Regular health screenings, including mammograms, clinical breast exams and self-examinations, help detect cancer at its earliest, most treatable

Dr Lai says the survival rate of individuals in the early stages is significantly higher compared with locally advanced (Stage 3) or metastatic (Stage 4) breast cancer.

Mammograms, typically recommended annually for women aged 40 and above, can detect precancerous breast calcifications, visible as white spots on X-ray images, indicating ductal carcinoma in situ (DCIS), also known as "stage 0" breast cancer.

While DCIS is often benign, it accounts for 20 per cent of all newly diagnosed breast cancer cases.



**Sunway Medical Centre** consultant oncologist Dr Christina Lai Nye Bing says the survival rate of individuals in the early stages is significantly higher compared to locally advanced (Stage 3) or metastatic (Stage 4) breast

"People often avoid mammograms because of the discomfort. Nevertheless, breast cancer screening is a vital health inspection. If the process seems daunting, consider bringing a friend for moral support," says Dr Lai.

Diagnostic technologies, such as 3D mammography, have also improved early detection, even in patients with dense

However, the most critical step starts at home, with women conducting regular self-examinations of their breasts as they are the ones most attuned to changes in their bodies.

"If you feel a lump in your breast, it is vital not to panic since only 10 to 20 per cent of lumps turn out to be cancerous."

The latest advancements in screening and oncology also offer hope to women facing breast cancer.

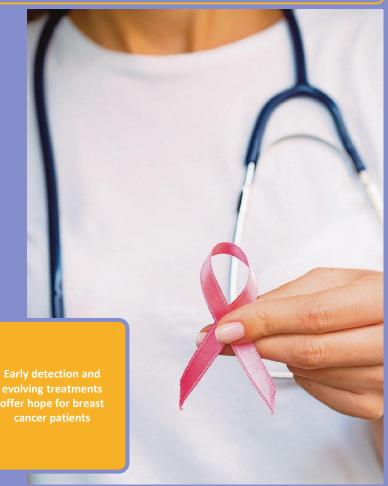


Dr Lai says hormone status and genomic allowing oncologists to tailor treatments has led to targeted treatments that can significantly shrink or eliminate

20 per cent of all newly diagnosed breast cancer cases.

hair-preserving chemotherapy machines, oncoplastic surgery for breast vomiting drugs.

disease, early detection and evolving



## EXPERT: RTS TO GREATLY BENEFIT JOHOR'S RETAIL, PUBLIC TRANSPORT SECTORS



**THE SUN, 8 JANUARY 2024** 

#### **SPOTLIGHTS**

JOHOR BAHRU: The construction of the Johor Baru-Singapore Rapid Transit System (RTS) Link is expected to have a positive impact on both the retail and public transportation sectors in Johor.

Universiti Teknologi Malaysia (UTM), Faculty of Built Environment and Surveying deputy dean (Research, Innovation and Development), Prof Dr Muhammad Zaly Shah Muhammad Hussein (pix) said the positive spillover is expected to come mainly from the influx of tourists from Singapore, who opt to use the RTS to cross the Strait of Johor. "We can see that in the city centre and around the RTS construction area, there are already commercial development, retail and shopping centres, which will benefit the most from the RTS.

This is the effect of the overflow of visitors or tourists from Singapore to Johor Bahru. Indirectly, the public transport sector in this city will also benefit from the improvement of the public transport system in the state," he told Bernama in an interview recently.

Muhammad Zaly, who is also the Chartered Institute of Logistics & Transport Malaysia president, said that the public transport sector in Johor needs to be improved with quality service levels while ensuring continuity of the transport network with the RTS.



He said it is important to attract visitors from Singapore who choose to use the RTS through the Customs, Immigration and Quarantine (CIQ) Complex at the Sultan Iskandar Building (BSI) here, and the Sultan Abu Bakar Complex (KSAB) in Iskandar Puteri. Hence, the start of the state's public transport sector's transformation can be traced back to the RTS.

"The Johor Public Transport Corporation (PAJ), as the agency that regulates public transport planning in Johor, has a precise plan to integrate the RTS with the existing public transport system in the state," said Muhammad Zaly.

He believes that the RTS will not only help reduce congestion but also further improve operations at CIQ BSI and KSAB. The RTS Link project is a four-kilometre rail network connecting Bukit Chagar Station in Johor and Woodlands North Station in Singapore.

Scheduled to be completed by Dec 2026, it is expected to attract 35 per cent of the 350,000 travellers who pass through the Johor Causeway every day.

#### FAHAMI BATAS MENJADI NETIZEN ASTRO AWANI, 9 JANUARY 2024



#### **SPOTLIGHTS**

KUALA LUMPUR: Masyarakat dinasihatkan untuk menjadi warga siber yang lebih prihatin dan berfikir sebelum melontarkan sebarang pandangan terhadap sebarang isu.

Menurut Pakar Psikologi Bahasa, Universiti Pertahanan Nasional Malaysia (UPNM), Prof Madya Jessica Ong Hai Liaw, pandangan yang berbaur negatif dilontarkan oleh netizen terhadap mana-mana individu mampu memberi kesan terhadap emosi dan keperibadian individu dalam tempoh jangka panjang.

"Apabila adab dan etika yang ditulis di media sosial itu boleh memberikan



pengaruh yang besar kepada emosi mereka, dan ini menyebabkan kebencian ini merebak dalam diri mereka sebagai individu yang matang ataupun yang tidak dalam kalangan demografi netizen. Dia akan menjadi satu masalah yang menyebabkan depresi berlaku," katanya ketika ditemu bual dalam program AWANI Pagi pada Selasa.

Katanya lagi, meskipun kini wujud fenomena 'mahkamah' netizen di media sosial, namun ia bukanlah tiket untuk mana-mana warga siber untuk menghukumi orang lain, sebaliknya memahami isu itu dengan lebih mendalam berdasarkan informasi yang diterima.

Beliau juga menasihati orang ramai untuk menjaga adab dalam berkomunikasi di alam maya, bagi mengelakkan sikap mengherdik dan menghina menjadi satu bentuk pembudayaan pada masa akan datang.

Tambahnya, masyarakat dinasihati untuk berfikir terlebih dahulu sebelum menjadi 'hakim'atau 'peguam' terhadap sesuatu isu.

"kalau banyak-banyak akta mereka persoalkan apa salahnya jika saya lontarkan pandangan saya, kita boleh lontarkan pandangan cuma saya mohon netizen fikir semula dari segi niat yang baik ya sama ada kita ikhlas dengan pandangan.

"Cuba kita bayangkan jika kita berada di tempat netizen itu sebelum kita ingin melontarkan apa-apa sahaja pandangan. Cuba kita fikir sejenak kalau kita berada di situasi seseorang itu, dalam keadaan yang sangat tertekan. Adakah perkataan tersebut memberi implikasi kepada netizen tersebut," tambahnya lagi.

## PHARMACIST INSPIRED TO REACH MORE FOLK THE STAR, 25 JANUARY 202



#### **SPOTLIGHTS**

A PHARMACIST in Penang put the state on the map after being named the top community pharmacist in Asia.

Gina Koay Wan Lee, 46, won a Federation of Asian Pharmaceutical Association (FAPA) award for 2023 at the 29th FAPA Congress held at Taipei International Convention Centre in Taiwan last October.

Koay said the win was meaningful as it proved that all her hard work had paid off, adding that she was now more inspired than ever to reach out to people.



"I want people to realise that being a good pharmacist is more than just opening a pharmacy to sell medication and supple-ments," said the mother of a 11-year-old boy.

Koay earned her Bachelor of Pharmacy degree from Curtin University of Technology in Australia and served as the chairman of the Malaysian Pharmacists Society (MPS) Penang branch for six years before stepping down last year.

She is the former chairman of WomenBIZSens, a local networking group dedicated to helping women entrepreneurs learn and connect with business leaders.

Koay said she had always been passionate about public health and serving the people.

"Being a pharmacist makes me a frontliner in emergencies and while still a student, I realised the responsibilities I would have to carry out in my job.

"When the Covid-19 pandemic started, we pharmacists risked our lives and health when dealing with patients," she said

Koay, who started her pharmacy practice in Penang in 2007 when she returned from Australia, experienced culture shock concerning the role of pharmacists in the country.

"Malaysians are mostly unaware that we play an important part in providing healthcare.

"We pharmacists have to ensure the safety of medication for patients, be knowledgeable about the many brands available in the market and even addiction issues.

Koay attending to a customer at her pharmacy



#### SPOTLIGHTS - PHARMACIST INSPIRED TO REACH MORE FOLK

"A good pharmacist dispenses the right medication to the right person at the right time," she said.

Koay, who is the daughter of former state exco member and Seri Delima assemblyman Datuk Koay Kar Huah, hoped that people would be more mindful about their health at all times.

She pointed out that health literacy in Malaysia was still

"Many people procrastinate in going to a doctor or even to the nearest pharmacy where they can easily get their blood pressure, cholesterol and blood sugar tested.

"Sometimes, they come to us too late and we can only advise them to seek treatment from the hospital as soon as possible," she said.

Koay is also juggling various responsibilities as a community pharmacist.

Apart from serving as an MPS council member for 2023appointed 2025, she Industry/Community Advisory Panel for Universiti Sains Malaysia.

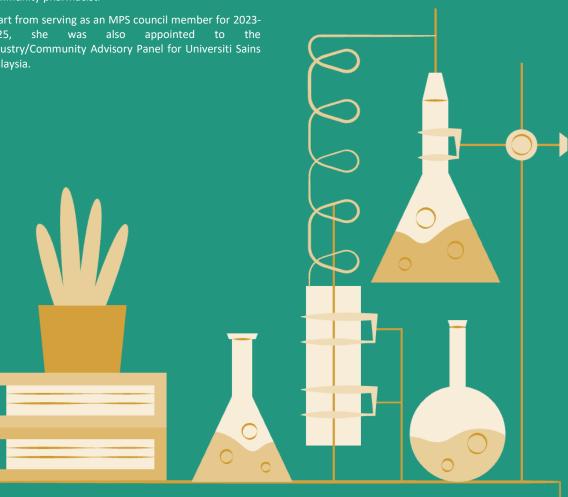
She is a speaker and accredited HRDCorp trainer under Human Resource Development Corporation, Malaysia, and was approached to be a mentor to the Asian Young Pharmacists Group.

Koay wants to take advocacy of disease prevention to a higher level in Malaysia.

She has given health talks at educational institutions and companies, collaborated with non-governmental organisations to go to Orang Asli settlements and written articles on community pharmacy.

"I want to contribute to many different areas.

"Maybe in the next five years, Malaysia will have specialist pharmacists who can do medication reviews, and tackle wound care and diabetes management," she added.



#### MMA SUPPORTS TIGHTER HEALTH SCREENING FOR **FOREIGN WORKERS**



FREEMALAYSIATODAY, 30 JANUARY 2024

#### **SPOTLIGHTS**

MMA president Dr Azizan Abdul Aziz says the increase in the prevalence of communicable diseases poses a threat to public health and productivity.

PETALING JAYA: The Malaysian Medical Association (MMA) has expressed support for the health ministry's decision to include three additional tests in the medical screening for foreign workers.

In a statement, MMA president Dr Azizan Abdul Aziz said that the additional screenings for filariasis, hepatitis C and methamphetamine use were necessary amid an increase in communicable diseases and drug abuse detected among foreign workers entering the country.

"She stressed that the increase in the prevalence of communicable diseases should not be taken lightly as it poses a dual threat to both public health and the nation's productivity.

"We agree with the health ministry's policy to include three additional screenings, aside from the initial six in Fomema's medical screening programme for foreign workers," she said, referring to the Foreign Workers Medical Examination Monitoring Agency Sdn Bhd.

"We also urge the human resources ministry to remind countries supplying workers of their responsibility to ensure medical screenings are carried out on foreign workers before allowing them to depart to Malaysia."

Azizan said that despite the requirement for foreign workers to undergo medical screenings before leaving for Malaysia, there were still some who tested positive for communicable diseases when they arrived in the country.

She said this indicated a lack of compliance with the requirements in the processing of applications for work in Malaysia, adding that the government should consider the suggestion to allow employers to deal directly with manpower suppliers in the various countries due to the "numerous issues arising from the involvement of middle men".

Azizan also said employers should be given the freedom to choose their medical provider for the pre-departure medical screening of foreign workers.



Her statement was in response to concerns by the Federation of Malaysian Manufacturers (FMM) over recent unannounced changes in the fees and frequency of medical examinations required for migrant workers.

FMM said it was disappointed that Fomema and the health ministry did not consult with stakeholders before implementing the policy changes. FMM also said the 14% to 15% fee increase would cost employers RM124.2 million annually for 600,000 workers.

Fomema previously required foreign workers to have check-ups annually for three years and then every seven years. However, effective Dec 16 last year, the workers must have annual medical examinations.

The fees have also increased to RM207 for men and RM217 for women, and the new tests include those for filariasis, hepatitis C and methamphetamine use, in addition to HIV, hepatitis B, syphilis, pregnancy, opiates and cannabis.

Foreign workers will be deemed unsuitable for employment in Malaysia if they receive a positive test result from any of the screenings.

#### **BIM MEMBER INSTITUTIONS**

- Malaysian Pharmacists Society (MPS)
- Royal Institutions of Surveyors Malaysia (RISM)
- The Institutions of Engineers Malaysia (IEM) Pertubuhan Akitek Malaysia (PAM)
- Malaysian Medical Association (MMA)
- Malaysian Institute of Planners (MIP)
- Malaysian Veterinary Medical Association (MAVMA)
- Agriculture Institute of Malaysia (AIM)
- The Chartered Institute of Logistics and Transport Malaysia (CILTM)
- Institut Kimia Malaysia (IKM)
- Malaysian Society of Soil Science (MSSS)
- Malaysian Association of Social Workers (MASW)
- The Plastics & Rubber Institute of Malaysia (PRIM)
- The Chartered Institute of Building Malaysia (CIOBM)
- Institute of Landscape Architects Malaysia (ILAM)
- Institut Rimbawan Malaysia (IRIM)
- The Institute of Internal Auditors Malaysia (IIAM)
  - International Institution of Plantation Management
- Malaysian Institute of Human Resource Management (MIHRM)
- Association of Malaysian Optometrists (AMO)

#### CORPORATE AFFILIATE

- Malaysian of Social Impact Assessment (MSIA)
- Association of Consulting Quantity Surveyors Malaysia (ACQSM)